

APPROVED MINUTES

Advisory Board of Health

Tuesday, June 28, 2016

6:00 PM

Public Health Building
1900 West Old Shakopee Road

Present

Members:

Cindy McKenzie, Satbir Brar, David Drummond, Corinne Ellingham, Joshua Korthouse, Joe Lawless, Patrick Martin

Staff Advisor:

Bonnie Paulsen, Public Health Administrator

Staff:

Joan Bulfer, Health Specialist

Linda Riski-Lundeen, Office Supervisor

Karen Stanley, Disease Prevention/Clinic Services Manager

Nancy Tadros, Office Support Specialist

Guests:

None

Public:

None

Absent

None

Call to Order

McKenzie, Chair, called the meeting to order at 6:03 p.m.

Approval of Minutes

M/Brar, S/Lawless, and all voting aye to approve the meeting minutes of May 24, 2016.

Approval of Agenda

M/Brar, S/Martin, and all voting aye to approve the June 28, 2016 meeting agenda.

STAFF REPORTS

Nutrition, Obesity and Physical Activity

Stanley discussed how the Women, Infants and Children (WIC) Program works to reduce obesity and increase physical activity in its participants. One strategy used by staff involves breastfeeding education and support (through the Peer Breastfeeding Support Program available to WIC participants), which has had favorable outcomes in reducing obesity in both children and mothers. Another strategy involves providing participants not only with healthy food packets and vouchers for the farmers market, but also with individualized nutrition assessments and counseling, encouraging participants to set and achieve their own healthy goals. Parents are given ideas on how to be more physically active (and limit "screen time") with their children, as well.

Bulfer presented on the Latino Childcare Provider Network, which is made up of family, friends and neighbors who are unlicensed childcare providers in Bloomington, Richfield and surrounding communities. This Network is community-run and uniquely designed to meet the needs (i.e. cultural, economic, education, immigration, language, etc.) of

the community, therefore creating an alternative childcare support system and building the capacity of its providers. The Network also focuses on nutrition, physical activity and school readiness. As part of the Latino Healthy Eating Project, Bloomington Public Health and community partners have collaborated to put on workshops where Network providers can learn more about nutrition and healthy eating, meal planning on a budget, and physical activities for children in their care.

Accreditation Update

Paulsen noted that the report from the Public Health Accreditation Board (PHAB) accreditation site visit on June 2 - 3, 2016, should arrive in about 30 days. PHAB's decision on whether Bloomington Public Health has been accredited will arrive sometime in August.

Public Health Administrator Update

Paulsen shared that Public Health's 2017 and 2018 Budget have been submitted for approval. In addition, the 2015 Annual Report is being drafted and will hopefully be finished and distributed to the Board by the September meeting. Finally, Paulsen suggested having a discussion later on in the meeting to discuss the Board's 2017 Work Plan topics.

ADVISORY BOARD OF HEALTH REPORTS AND PLANNING

Chair's Report

None.

Tri-City Partners Report

Martin gave an update on topics discussed during a recent TCP meeting, including the Richfield City Council passing its new tobacco ordinances, a local bike tour that took place in mid-June, and the USDA Grant awarded to Public Health to improve healthy eating in families with food assistance.

Community Center Task Force Report

Korthouse shared that the Task Force reviewed studies/assessments and toured several community centers in the metro area to get more information. At their June meeting, they discussed a "wish list" of wants and needs based on that information and what Task Force members have heard from the community, friends, neighbors, etc. After categorizing the items on the list, common themes (i.e. aquatic center/pool, maximizing use of space, maintaining residents' interest, etc.) were determined. In addition, the Task Force has had an opportunity to see Creekside Community Center's space limitations/concerns, as their meetings have been taking place there. The next meeting will take place in early July.

2017 Business Plan

Paulsen gave an update on Public Health's 2017 Business Plan, which focuses on three (Community Image, Inclusion & Equity, and High Quality Service Delivery) of the City's six Strategic Priorities. While currently in draft form, the Business Plan will be finalized and emailed out to the Board for their review later this summer.

Lawless asked what feedback the Board was being asked to provide on the Business Plan, and/or whether the document was more informational/educational. Paulsen confirmed this document was more informational.

Finally, the Board requested Paulsen write out 1.) an explanation of the Board's/Members' roles, 2.) expectations/guidelines for those roles, and 3.) expectations/guidelines while interacting with the community, being a liaison to City

Council, etc. so that they could focus on that information.

OTHER BUSINESS/ANNOUNCEMENTS

Other

In preparation for 2017, the Board discussed possible topics for its 2017 Work Plan, including:

- Racial Harmony
- Racial Equity
- List of 200+ Community Partners*
- Intergovernmental Affairs
- Residents and Parks (i.e. how to get them out there, how much use, concerns of crime, etc.)
- Gentrification in the Community
- Aging of Population
- Mental Health
- Environmental Health
- Active Transportation Plan
- City Manager (i.e. vision for the City, prioritizing of decisions, etc.)
- Citizens' Survey (with specific data)
- Where to Find City Info (if not in Insider, Briefing, email, etc.)

**The Board requested to receive a copy of this list.*

Paulsen also expressed her preference to continue having managers/staff come in and present/discuss program areas so the Members are familiar with services and staff.

Paulsen noted that she would put together a list of topics/ideas and email them out to the Board. Likewise, if Members think of other things they'd like to discuss (or not discuss) in 2017, they can email those to Paulsen or Tadros.

Community Health Conference

Information for the Community Health Conference on September 28 – 30, 2016, in Breezy Point, MN will not be available until mid-July. Lawless and Martin were previously selected to attend on behalf of the Board. Updates published this summer will be provided via email to attending Members.

Next Meeting

September 27, 2016, 6:00 – 8:00 p.m.
Public Health Building, 1900 West Old Shakopee Road, Bloomington, MN 55431

Adjournment

M/Drummond, S/Martin, and all voting aye to adjourn. The meeting was adjourned at 7:36 p.m.